

Theron shares experience of father's death with AIDS orphans

Oscar winner Charlize Theron broke her vow to never speak about her father's death when she met children orphaned by AIDS in Africa.

Theron was just 15 years old when she watched her mom shoot her abusive father in self defence. Theron had said she will never talk about that incident in public but opened up to children at the AIDS testing and counselling clinic that she helped fund in Kwazulu-Natal, reports contactmusic.com.

Theron said: 'These kids deal with death every day. Many of them do not have one or both parents, and I thought talking about my father was a way for me to say, 'Whether you have one parent or zero parents, you can turn that negative into a positive.'

'My father had a horrible disease. He was an alcoholic. I could have been one of those adults who go through life not taking responsibility and saying, 'I didn't have a good example of a father.' But actually, I had the best example. I had the example of what not to do. It was up to me to choose a life and to live that life,' she added.

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