

The Oneness Mantra Attracts Bollywood Beauties

The reigning queens of Bollywood Shilpa Shetty, Shamita Shetty and Manisha Koirala recently attended the spiritual course at the Oneness Univercity, in Tada, which is about 80 km north of Chennai. Manisha Koirala who is involved with the Oneness Univercity for the past 1 year now and Shilpa's recent association, the actresses attribute their recent success to the preaching of Shri Amma Bhagwan, their new spiritual guru.

In a span of one year Manisha has gone through the Oneness process and has attended the Level 1 as well as Level 2 where as Shilpa Shetty has attended the 3 day course at the Univercity.

'This is a huge process to know self. The pursuit of self discovery and connecting with the divine is a wonderful experience. I am not looking for outwardly pleasures. I try to fix problems in the inner world rather than outer. I feel like coming back whenever I get time. Every time I come to oneness, it's been an enriching experience, I have always gone back with lots more.' says Manisha.

The actress is now enjoying her work much more and feels compelled to outshine her own performances.

Shilpa Shetty has always been very spiritually inclined person and when she got to know about the oneness courses, she wanted to go and experience it herself. Shilpa spoke about the 'The 'Oneness Diet Plan' which is a simple diet chart mainly to keep you healthier.

She further added that 'I learnt from Amma and Bhagwan that one can be successful only by improving relationships which is the core message of the Oneness teachings, So maybe this has been a catalyst for my success but I was unaware of this mantra. Success does not mean materialistic gains.'

Shamitha Shetty was spotted out meditating at the Oneness Univercity. The entire Shetty family was also present at the Oneness Univercity, to seek the Oneness Blessing. The oneness Univercity has a lot of celebrity followers from the tinsel town who are regular visitors.

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